

To all members of SWCC 2023

Good afternoon,

I hope this email finds you all well and looking forward to some much-improved weather.

Our club trophies have been despatched to last year's winners so now it's time to start looking ahead to this year's events.....

The SWCC Charity 10 in aid of Kidney Research UK is on Saturday 8th April at 2.00pm.

This 10-mile time trial is an open event run by SWCC under CTT regulations, open to all members and non-members 12 years and over.

The entry fee is £10 and entries are open until midnight on **Tuesday 28th March**.

To enter go to: <https://www.cyclingtimetrials.org.uk/race-details/24751>

All prizes will be in the form of chocolate Easter eggs.

This event is also the first of six events in the LRRR Rider and Club League so a good place to start earning points towards the prestigious LRRR Nev Crane Points Trophy which has been held by SWCC since 2015. Please click [here](#) for more information on LRRR Qualifying Events 2023.

Can you help?

To help us run the **Charity 10** we will need a team of volunteers, mainly marshals but also one or two helpers for indoor jobs. If you are able to give up an hour or two to help out on the afternoon of Saturday, 8th April please get in touch asap. All offers of help will make us very happy and all volunteers will receive free tea/coffee and cake.

And talking of cake, as it's a Wheeler's event there must be cake! Rea Jessop has kindly volunteered to manage the catering for this event, but we do need quite a lot of cake, any kind of cake will be gratefully received, but homemade is always best. If you would like to bake or buy a cake for this event, please contact **Rea Jessop**. We can arrange collection if needed.

Club Time Trials 2023.

The SWCC TT season is fast approaching, and this year's organisers, Stuart McKellar and Richard Hamblin are looking forward to seeing you all at these events.

The first event of the season is "**The Early 10**" on Sunday 2nd April at 10.00 am. For this event only, signing on will be on the line (no pre-booking needed). Just turn up from 9.00am to 9.40am in the layby on the A15. Entry is £4.00 for senior members, £3.00 for under 18s and £5.00 for non-members.

All our Time Trials are run under CTT regulations and will be open to all members and non-members 12 years and over. All under 18s will need to submit a CTT Parental Permission Form before competing, even if one was submitted last year. Please [click](#) here for a form.

If you have not taken part in a time trial before, please click [here](#) for information about time trialling.

Thursday Evening Time Trials – the 7 league and 10 league.

The first evening event will be the first round of the 7 league on Thursday 13th April.

For information about how the Evening TTs will be organised this year and for the calendar of club TT events please see the two attached documents.

We already have a few regular volunteers for our evening TTs but we will be needing more, if you are able to help out at any of our Thursday evening events please get in touch with Stuart or me. Mostly the help needed will be for marshalling or assisting the timekeepers.

Update - MTB CX Series 2023. Sadly the first round of the Focus Rides Mountain Bike Cross Country Race Series has been cancelled but hopefully the rest of the series will go ahead as planned. **Round 2 is at Stourton Estates on Sunday 23rd April.** This series will again be the base for the SWCC MTB Championship and another chance to win trophies. For further details please go to the Focus Rides website or Facebook page.

Regular club Events...

SWCC Go-Ride sessions take place on Tuesday evenings for our younger members. Meet at Sleaford Rugby Club for a 6.30pm start.

SWCC Ladies' Social Rides. The next ride will be on Saturday 1st April. There will be at least three groups to choose from, so something for everyone. Meet at the Horseshoes for a prompt start at 9.00am.

SWCC Sunday Club Rides every Sunday morning. Meet at the Marketplace in Sleaford for a prompt start at 9.15am. Usually two groups out but hopefully more as the weather improves.

SWCC Night Rides every Wednesday evening. Meet at the Horseshoes for a prompt start at 6.00pm.

A reminder of some future events...

TLI Road Circuit Racing. This year Dennis Owen is working with Jon Clark of Lincoln Wheelers to put on a series of four Road Circuit Races. SWCC will be hosting two events on the Ashby Circuit on Wednesday evenings 24th May and 23rd August. Further details to follow.

Sundown Sportive on Saturday 27th May – A number of Wheeler's have already booked places on this 60mile sportive through some beautiful North Yorkshire roads. Camping is available on site, but as the sportive starts at 2:00 in the afternoon it would be possible to take part without staying overnight. For those who do stay over to Sunday, there will be an "alternative club ride" on the Sunday morning. To enter click [here](#).

That's all for now,
Happy cycling and see you soon,
Kind regards
Julie